

Maxillofacial Surgery Center

Post-Operative Instructions

Blepharoplasty (Eyelid Surgery)

Dressing - If eyes do not close at first due to swelling, you may need a lubricating ointment at night (eg. Refresh P.M. Lubricating eye ointment or Lacrilube). A piece of plastic dressing may be used to help eyes retain moisture as well. During the daytime you may use a natural tears formula (eg. Refresh Artificial Tears) as needed for dry eyes.

Sutures - Usually dissolve in about two weeks.

Wound Care - Upper incisions may be cleaned with diluted peroxide and coated with Bacitracin or Polysporin ointment. Apply a small amount on the incision lines. Blood tears and drainage are normal, especially in the first few days or with increased activity. If eyes feel dry, a natural tears formula (eg. Refresh Artificial Tears) may be used as needed.

Activity - Elevate the head off of the bed 30 degrees. Use ice for the first 24 to 48 hours for swelling. Increase activity as tolerated with no heavy exercise or lifting for two weeks. Avoid driving while still taking prescription pain medication.

Special Instructions - Contacts may be worn after about a week. Swelling and bruising is normal. Eyes may feel dry and scratchy.

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